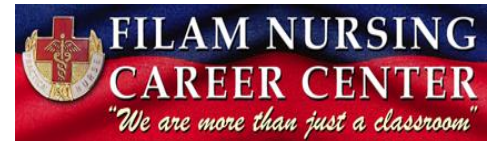


University of the Visayas, College of Nursing  
Gullas Park Estate, Banilad, Mandaue City  
Tel./Fax No. (032) 416-1538 / 510-263-7552  
Website: [www.uv.edu.ph](http://www.uv.edu.ph)



Website: [www.filamnursing.com](http://www.filamnursing.com)

## DISTANCE LEARNING PRACTICAL NURSING PROGRAM

### DESCRIPTION:

This 12-month Practical Nursing (LPN) program is an intensive scholastic program of preparing individuals to be knowledgeable, skillful and globally competent licensed practical nurses.

The program specifically includes effective classroom strategies in a one on one basis utilizing comprehensive materials chiefly designed for the program. Nursing skills are particular honed in the clinical duty where every student has the opportunity for actual demonstration from the simplest to the most complicated nursing procedures. The program completely integrates the major aspects of nursing discipline specifically in the field of Medical-Surgical, Maternal and Child Health, Psychiatry and Geriatrics.

Upon completion of the program, the student becomes eligible for the National Council Licensure Examination (NCLEX-PN) leading to licensure as a practical nurse.

### OBJECTIVES:

1. The Practical Nursing Program aims to prepare a practical nurse, who, upon completion of the program, demonstrates beginning professional competencies and shall continue to assume responsibility for professional development and utilizes research findings in the practice of the profession.
2. Upon the completion all the academic and clinical requirements of the program, the student will be eligible to take NCLEX-PN leading to a registered practical nurse status.
3. Every graduate of the program will be able to impart knowledge and competence to the nursing profession which is true enough of a nurse guided by ethics and values.
4. To produce graduates who are morally upright, spiritually inspired and with the willingness to serve humanity.

### CORE VALUES OF THE LPN PROGRAM:

1. Love of God
2. Caring as the core of nursing
  - a. Compassion
  - b. Competence
  - c. Confidence
  - d. Conscience
  - e. Commitment (commitment to a culture of excellence, discipline, integrity and professionalism)
3. Love of People
  - a. Respect for the dignity of each person regardless of creed, color, gender and political affiliation.
4. Love of Country
  - a. Patriotism (Civic duty, social responsibility and good governance)
  - b. Preservation and enrichment of the environment and culture heritage

**KEY AREAS OF RESPONSIBILITY:**

Key Areas of Responsibility for which a nurse should demonstrate competence in:

1. Safe and quality nursing care
2. Management of resources and environment
3. Health education
4. Legal responsibility
5. Ethico-moral responsibility
6. Personal and professional development
7. Quality improvement
8. Research
9. Record Management
10. Communication
11. Collaboration and teamwork

**METHODS OF INSTRUCTIONS:**

1. Lecture discussion
2. Reporting
3. Demonstration
4. Film showing and video clips of procedures

**EVALUATION METHODS:**

<b>A. Examination</b>	
<b>Quizzes</b>	<b>40%</b>
Pencil-Paper test	
Oral recitation	
Topic Revalida	
<b>Major Examinations</b>	<b>40%</b>
Preliminary Exam	
Midterm Exam	
Pre-final Exam	
Final Exam	
<b>B. Assignments and Projects</b>	<b>5%</b>
<b>D. Attendance</b>	<b>5%</b>
<b>E. Class Standing</b>	<b>10%</b>
	<b>====</b>
<b>TOTAL</b>	<b>100%</b>

**HOW LONG WILL THE PROGRAM TAKE?**

The program is good for 12 months. 9 months will be intended for the theoretical aspect of the program while the remaining months will be intended for the clinical and skills lab.

**Note: Period may vary depending on the number of subjects credited during evaluation and the number of hours of lecture per week.**

**WHAT ARE THE REQUIREMENTS IN ORDER TO QUALIFY FOR THE PROGRAM?**

Two copies of 2 x 2 picture and a photocopy of the passport.

**WHO MAY ENROL IN THE PROGRAM?**

The program is open to all students.

## HOW TO ENROL?

Go to the Filam Nursing website at [www.filamnursing.com](http://www.filamnursing.com) and retrieve the enrolment form. Fill-out the enrolment form and send. A scanned copy of the subjects enrolled for the semester will be given to the enrolled student.

## WHERE WILL THE CLINICALS BE TAKEN?

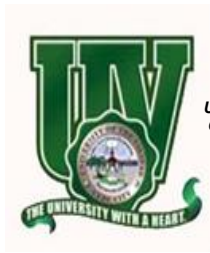
All clinical/related learning experiences will be conducted in the affiliated hospitals of the University of the Visayas-College of Nursing, Cebu, Philippines.

## COMPETENCY LIST AND COURSE DESCRIPTION

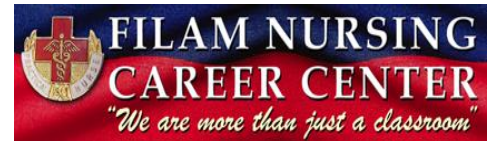
UNIT OF COMPETENCY	COURSE TITLE	COURSE CONTENT
1. Know and understand the nursing profession, its responsibilities and the legal and ethico-moral issues in the nursing practice	Fundamentals in Nursing I and II (Lab and Lec)  Medical Terminology (Lab and Lec)  Practical Nursing Skills and Concepts 1  Practical Nursing Skills and Concepts 2	<ul style="list-style-type: none"> <li>- Basics of Nursing for adult patients with acute and long-term Nursing needs</li> <li>- Nursing ethics, communication skills and Nursing processes</li> <li>- Basic nursing procedures.</li> <li>- Nursing law and jurisprudence</li> <li>- Origin and definition of medical terminologies.</li> <li>- Universal abbreviations of medical terms.</li> <li>- Introduction to the Nursing profession</li> <li>- Concepts related to physical, emotional and psychosocial self-care</li> <li>- Continuation of Nursing Skills &amp; Concepts 1</li> <li>- Advanced Concepts related to the physical, emotional, psychosocial self-care of the learner/professional</li> </ul>
2. Assume the role of a nurse in the promotion of health, prevention of illness, restoration of health, alleviation of suffering and in aiding patients go through a peaceful death, if death is inevitable.	Medical – Surgical Nursing I  Medical – Surgical Nursing II  Medical – Surgical Nursing III	<ul style="list-style-type: none"> <li>- Pre and post-operative Nursing</li> <li>- Aspects of Rehabilitation</li> <li>- Application of Nursing to adult patients of all ages</li> <li>- Diagnostic tests, dietary and rehabilitative modifications</li> <li>- Application of Nursing to adult patients with more complex Nursing needs.</li> <li>- Emphasis on more common diseases and disorders related to digestive, nervous, sensory, integumentary, musculoskeletal, and endocrine systems.</li> </ul>

	<p>Mental Health Nursing (Lab and Lec)</p> <p>Nursing of the Older Adult (Lab and Lec)</p> <p>Maternal and Infant Nursing (Lab and Lec)</p> <p>Nursing of Children (Lab and Lec)</p> <p>Nursing Management/Personal and Vocational Adjustment</p>	<ul style="list-style-type: none"> <li>- Human behavior</li> <li>- Emphasis on emotional and mental abnormalities and modes of treatment incorporating the theories and nursing process</li>   <li>- Care of older adults</li> <li>- Emphasis on common diseases and application of ventilation, circulation and urinary elimination.</li>   <li>- Conception/Pregnancy, pre-natal care, labor, delivery and post-partum period.</li>   <li>- Care of the child from infancy to adolescence</li> <li>- Growth and development, nutritional needs, common childhood diseases and disorders and its management.</li>   <li>- Theoretical basis of Nursing practice</li> <li>- Basic knowledge, skills and attitudes and nursing techniques for meeting common needs of patients</li> <li>- Evolution of Nursing profession, relationship of Nursing providers with patients, families, co-workers and allied members of the health team</li> </ul>
<p>3. Understand the basic concepts of health and illness.</p>	<p>General Psychology</p> <p>Nutrition</p> <p>Anatomy and Physiology (Lab and Lec)</p> <p>Growth and Development</p> <p>Principles of Microbiology</p>	<ul style="list-style-type: none"> <li>- Introduction to human behaviour and the different theories affecting human behavior.</li> <li>- Theories of development and personality.</li>   <li>- Introduction to nutrients and their role in proper growth and development and the maintenance of health.</li>   <li>- Structures of the human body</li> <li>- Aspects of Chemistry, Physics, Nutrition and Microbiology</li> <li>- Lectures on cells, tissues and all major body systems</li>   <li>- Pregnancy and delivery complications, labor delivery, care of the new born, infants and children</li> <li>- Emphasis on preventive and nutritional aspects of care and the need for responsible parenthood.</li>   <li>- General biology of microorganisms including bacteria, molds, rechettsial, viruses and protozoans</li> <li>- Study of the morphology,</li> </ul>





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## COURSE OUTLINE AND COVERAGE

### LICENSED VOCATIONAL/ PRACTICAL NURSING

#### **FIRST SEMESTER:**

Subject Code	Descriptive Title	Subject Coverage	Number of Hours (Theory)	Number of Hours (Lab)	Number of Hours (Clinical)
CMPL	Basic Computer	Basic computer operations /applications (incl. MS Office, Adobe, Photoshop, etc.)	2 units 2 hrs/wk <b>32 hours</b>	1 unit 3 hrs/wk <b>48 hours</b>	0
ENGL	English Communication Skills	English grammar, sentence construction, essay composition, speech and oral communication	3 units 3 hrs/wk <b>48 hours</b>	1 unit 3 hrs/wk <b>48 hours</b>	0
FUND 1	Fundamentals of Nursing I	Nursing history, medical terminologies, nursing process, and complete health assessment	4 units 4 hrs/wk <b>64 hours</b>	2 units 6 hrs/wk <b>96 hours</b>	0
BioSci 1	Anatomy and Physiology	Gross and microscopic structures and functions of human body	3 units 3 hrs/wk <b>48 hours</b>	2 units 6 hrs/wk <b>96 hours</b>	0
MSN 1	Medical Surgical Nursing I	Care of clients with respiratory, cardiac, vascular, metabolic, fluid and electrolyte and endocrine problems	3 units 3 hrs/wk <b>48hours</b>	2 units 6 hrs/wk <b>96 hours</b>	0
CLIN 1	Related Learning Experience	Medical- Surgical Ward (Male and Female)	0	0	5 units 20 hrs/wk <b>320 hours</b>
	<b>TOTAL NUMBER OF HOURS</b>		<b>240 hours</b>	<b>384 hours</b>	<b>320 hours</b>

#### **SECOND SEMESTER:**

Subject Code	Descriptive Title	Subject Coverage	Number of Hours (Theory)	Number of Hours (Lab)	Number of Hours (Clinical)
NLVA	Nsg Leadership/ Vocational Adj.	Personal and professional development, theories and application of leadership principles in nursing	2 units 2 hrs/wk <b>32 hours</b>	0	0
BioSci 2	Microbiology and Parasitology	Advanced course in biology dealing with microscopic	3 units 3 hrs/wk	2 units 6 hrs/wk	0

		living organisms and infectious agents	<b>48 hours</b>	<b>96 hours</b>	
FUND 2	Fundamentals of Nursing II	Foundations of nursing practice, ethics and communication in nursing	2 units 2 hrs/wk <b>32 hours</b>	1 unit 3 hrs/wk <b>48 hours</b>	0
NUTR	Nutrition and Diet Therapy	Principles of nutrition, food preparations and diet modifications for different client conditions	2 units 2 hrs/wk <b>32 hours</b>	1 unit 3 hrs/wk <b>48 hours</b>	0
MSN 2	Medical Surgical Nursing II	Care of clients with problems in coordination and perception as well as immunity, inflammatory, communicable, and infectious diseases	3 units 3 hrs/wk <b>48 hours</b>	2 units 6 hrs/wk <b>96 hours</b>	0
MHN	Maternity Health Nursing	Care of child-bearing and child-rearing populations (normal, at risk, or with disease conditions)	3 units 3 hrs/wk <b>48 hours</b>	1 unit 3 hrs/wk <b>48 hours</b>	0
G and D	Growth and Development	Dealing with normal changes in a client's body from neonatal age to adolescence/teenage	3 units 3 hrs/wk <b>48 hours</b>	0	0
NSHE	Strategies of Patient Education	Principles and techniques of providing health- promoting information and teachings to clients in all ages and health status	3 units 3 hrs/wk <b>48 hours</b>	0	0
CLIN 2	Related Learning Experience	Neurologic Ward, Communicable Ward, Orthopedic Ward, Obstetric Ward EENT Unit, Out-Patient Dept.,	0	0	5 units 20 hrs/wk <b>320 hours</b>
	<b>TOTAL NUMBER OF HOURS</b>		<b>336 hours</b>	<b>336 hours</b>	<b>320 hours</b>

**THIRD SEMESTER:**

Subject Code	Descriptive Title	Subject Coverage	Number of Hours <i>(Theory)</i>	Number of Hours <i>(Lab)</i>	Number of Hours <i>(Clinical)</i>
PSYC	General Psychology	Basic concepts on human behavior, personality and mental processes	3 units 3 hrs/wk <b>48 hours</b>	0	0
NMGT	Nursing Management and Supervision	Concepts and application of management principles in supervisory and managerial activities	2 units 2 hrs/wk <b>32 hours</b>	0	0
PHARM	Nursing Pharmacology	Introduction to drugs and their uses and application of professional and safe practice of medication administration	4 units 4 hrs/wk <b>64 hours</b>	0	0
PHN	Pediatric Health Nursing	Nursing care of children from newborn to adolescence (at	3 units 3 hrs/wk	1 units 3 hrs/wk	0

		risk and with disease conditions)	<b>48 hours</b>	<b>48 hours</b>	
MHN	Mental Health Nursing	Care of clients with maladaptive patterns of behavior with focus on emotional and mental abnormalities/problems	2 units 2 hrs/wk <b>32 hours</b>	1 units 3 hrs/wk <b>48 hours</b>	0
MSN 3	Medical Surgical Nursing III	Care of clients with cellular aberration, acute biologic crisis; also includes concepts in emergency and disaster nursing	3 units 3 hrs/wk <b>48 hours</b>	2 units 6 hrs/wk <b>96 hours</b>	0
GERIA	Gerontological Nursing	Nursing care of the elderly with emphasis on health promotion, illness prevention and treatment, and functional ability	2 units 2 hrs/wk <b>32 hours</b>	1 units 3 hrs/wk <b>48 hours</b>	0
REHAB	Rehabilitative Nursing	Care of clients following surgery, and those with chronic and debilitating physical conditions to promote maximum level of functioning in the society	2 units 2 hrs/wk <b>32 hours</b>	1 units 3 hrs/wk <b>48 hours</b>	0
CLIN 3	Related Learning Experience	Pediatric Ward, Psychiatric Unit, Emergency Unit, Recovery Room, Hospice Facility, Rehabilitation Center/Unit, ICU- NICU	0	0	5 units 20 hrs/wk <b>320 hours</b>
	<b>TOTAL NUMBER OF HOURS</b>		<b>336 hours</b>	<b>288 hours</b>	<b>320 hours</b>

**Summary of Number of Hours:**

**THEORY: 912 hours**

**LABORATORY: 1, 008 hours**

**CLINICAL: 960 hours**

The student shall enrol at anytime of the year, however, the student should be enrolled only at the start of semester of the year for the program:

June  
October  
April

Internal arrangement may be done when the student enrolls after the start of the first month or in the middle of any of the quarters. Should the student enrol a month after the start of the quarter, the enrolment will be processed on the next semester already, else, the enrolment will be on the said semester.

**Note:** Clinicals/RLE is billed separately based on **960 hours**.

## ENROLMENT PROCESS

The student shall enrol at anytime of the year, however, the student should be enrolled only at the start of every quarter of the year:

June  
September  
December  
March

The student may enrol at any time of the month. However, the student will only be enrolled for that quarter if he enrolls one and a half months prior or within one and a half months after the quarter has started.

Note: Clinicals/RLE is billed separately.

*Given:*

- RLE fee = Php **20.00 / hr.**
- Instructor's Fee = Php **100.00 / hr.** (*note:* Total amount is shared by the no. of participants)
- Dormitory Fees = Php **7,000 / Mo.** (upgraded amenities) or **FREE** ( basic amenities)
- Miscellaneous Fees = Php **5,184.50**

Prepared by:

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